Department: Juniors

Unit 1: The Beatitudes part one

Lesson 3: Meek and Blessed

Lesson Concept: Meekness

Instructional Objectives:

The child will recite from memory the third Beatitude with no more than two helps.

The child will explain the third Beatitude.

The child will give a personal example of application of the third Beatitude.

Opening Activities:

Isn’t He Wonderful?

Thank-you Lord

Jesus Meek and Gentle (first verse)

Memory Verse Activity: Matthew 5:5

Read the verse in unison. The word meek and inherit will be defined. Read the verse in unison again. The children will say the verse in unison. The children will say the verse while standing on one foot. Half of the children with sneakers on will say the first part of the verse, and the other half of the children wearing dress shoes or sandals will say the latter part of the verse. The verse will be said in unison. The children will explain the verse. The verse will be said in unison.

Sequence of Activities:

Activate prior knowledge:

Universal Experience-

The children will be asked if they have ever thought that they deserved something special more than someone else simply because they were raised in a Christian home,
American, a good child, etc. The teacher will then explain how that contrasts humility, the word previously explained in the verse activity.

Instruction: Moses (Exodus 3 and 4)

I. Moses’ Background

a. Moses was a man that had a great education given to him.

b. Moses was a man that was of great importance and power in Egypt—Pharaoh’s daughter having adopted him.

c. Moses was a man that had desired to serve the Lord, by refusing to take part in the sins of Egypt.

II. God’s Call

a. God called Moses to lead the people of Israel out of Egypt.

b. God deemed Moses a worthy leader of his chosen people.

III. Moses’ Humility

a. Moses thought of himself as an unworthy choice and told God that he was not a good enough speaker.

b. Moses did not believe that he was of enough importance that the people of Israel would believe or follow him.

IV. God’s Promise

a. God promised to punish the Egyptians.

b. God promised to be with Moses.

Lesson Importance and Application:

The children will be showed how they can be meek in their own lives just as Moses was, for example, by putting others first, sharing their toys, surrendering to God’s will for their life, obeying. The children will be showed that Jesus Christ was meek in his obedience to God the Father’s will for his life.
The children will be challenged to be meek in their own lives as Christ was because it resembles Jesus and because God blesses the meek.

Evaluation: The children will give examples of meekness and applications of meekness to their own lives. The children will quote Matthew 5:5.