Unit 1: Disobedience in the Bible

Lesson 1: Adam and Eve’s Disobedience (Genesis 3:1-19)

4th grade or Juniors

Performance Objectives:
1. The student will recite Proverbs 1:10 from memory with no more than two helps.
2. The student will write an example of a time when he disobeyed his parents.

Materials Needed: Visualized poster for Proverbs 1:10 and visualized posters for each song.

Opening Activities:
Prayer
Sing “Obedience”
Introduce memory verse
Sing “I will obey right away”
Sing “If sinners entice thee”

Sequence of Activities:
A. Review and Motivation: Has anyone ever disobeyed their parents? When you disobey your parents, you are really disobeying God. The devil wants you to disobey God and your parents. He loves sin, and he does not want you to please God by doing what is right. Today, we are going to talk about the first people who disobeyed God.

B. Adam and Eve were living in the Garden of Eden. There was only one rule. In Genesis 2:16-17, God said, “Of every tree of the garden thou mayest freely eat: But of the tree of the knowledge of good and evil, thou shalt not eat of it: for in the day that thou eatest thereof thou shalt surely die.”

The devil wanted to tempt Eve into disobeying what God had said, so he spoke through the mouth of a snake or serpent and asked her, “Hath God said, Ye shall not eat of every tree of the garden?”

Eve answered, “We may eat of the fruit of the trees of the garden: But of the fruit of the tree which is in the midst of the garden, God hath said, Ye shall not eat of it.

The serpent answers back, “Ye shall not surely die: For God doth know that in the day ye eat thereof, then ye eyes shall be opened, and ye shall be as gods, knowing good and evil.”

Eve looked at the tree and saw that the fruit on it looked very good and the serpent had told her that it would make her wise, so she ate the fruit. Eve did what she wanted to do instead of what God said not to do. She disobeyed God. After she had tasted the fruit, she offered it to Adam, and he ate the fruit as well. Now both Adam and Eve have sinned against God and eaten the fruit of the tree of the knowledge of good and evil.

Every evening, God would come to talk with Adam and Eve. He doesn’t do that anymore, but He can speak to you when you read the Bible. Adam and Eve knew that they had sinned against God, so they hid from Him. But no one can hide from God no matter how hard they try. God is omnipresent, which means He is everywhere at all times, and He is omniscient, which means He know everything that is going on.
God called to Adam and asked, “Where art thou?” – Where are you Adam? Adam answers back, “I heard thy voice in the garden, and I was afraid.”

Then, God asked a question that He already knew the answer to, “Hast thou eaten of the tree, whereof I commanded thee that thou shouldest not eat?” Remember, God specifically told them not to eat from that tree. Adam and Eve directly disobeyed what God said.

Adam tried to blame Eve for making him eat the fruit. Have you ever done that with your siblings? Have you ever said that they made you disobey mom and dad? It is wrong to do this, because you are accountable for your own actions. The Bible says “If sinners entice thee, consent thou not.” (Proverbs 1:10) The devil will use siblings or friends to tempt you to do wrong things, but God wants you to say no to them and do what He or your parents have told you to do.

God then asks Eve a question, “What is this that thou hast done?” and Eve blames the serpent. “The serpent beguiled me, and I did eat.”

Sin has consequences. When you disobey your parents, they spank you. God had some consequences for the serpent, Adam, and Eve.

The serpent did not always crawl around on its belly. It probably looked like a lizard, but God said, “upon thy belly shalt thou go, and dust shalt thou eat all the days of thy life.” God told Eve that she would have pain in childbirth, and Adam’s punishment was that he would have to work for food to eat. God was not going to let Adam and Eve live in the perfect Garden of Eden. Adam had to plant his own food and work very hard in order to survive.

C. Whenever you are tempted to disobey what your parents or teacher have told you, remember that the devil loves sin, but God hates sin. He does not want you to disobey mom and dad.

D. Teach Proverbs 1:10. Go over the meaning of the verse and have the children repeat the verse three times. Play ‘Popcorn’ game, having one side of the class say the first word and the other side the next word and so on. Ask who is ready to say the verse without looking. If needed, go over the verse a few more times. Repeat until everybody has said the verse without looking.

E. Application story: “The Barn Door” (Every time the boy disobeyed, he had to put a nail in the barn door. Finally, he learned his lesson, and every time he obeyed, he pulled a nail out of the door. This left the barn door scarred and full of holes.) *Call mom*

**Evaluation:** Each child should be able to say Proverbs 1:10 with no more than two helps. Pass an index card out to each child and ask them to write down a specific instance when they disobeyed or when somebody tempted them and they said no. Look through the answers and read a couple of the situations out loud, asking the class how the student could have done things differently.